

Menu December Secondary

 =Pork  =Milk  =Chicken  =Fish  =Beef  =Vegetarian

Egg = 1
Gluten = 2
Lupin = 3
Milk(lactose) = 4
Mustard = 5
Nuts = 6
Peanuts = 7

Crustaceans = 8
Celery = 9
Sesame = 10
Soya = 11
Fish = 12
Molluscs = 13
Sulphites = 14



Always inform the chef if you have a (severe) allergy

Monday 04-12

Pasta Funghi. Pasta with mushrooms, onion, garlic, leek, parmesan, truffle and cream.
Contains: 2, 3, 4, 14

Tuesday 05-12

Hamburger with fries and coleslaw
Contains: 2, 3, 4, 14 (May contains: 1)

Wednesday 06-12

Chicken schnitzel with small potatoes and green beans.
Contains: 2, 3, 14 (May contains: 1)

Thursday 07-12

White fish with rice, tomato sauce, peas, zucchini and onion
Contains: 12, 14

Friday 08-12

Pita bread with Gyros, bell pepper, onion and garlic. Served with a Greek salad with tomato, cucumber, red onion, black olives, feta cheese and parsley.
Contains: 1, 2, 3, 4. (May contains: 14)

Monday 11-12

Taco with minced meat, tomato sauce, corn, beans, bell pepper, onion, garlic, cheese and served with a salad.
Contains: 2, 3, 4, 14

Tuesday 12-12

Pasta with tuna, tomato sauce, onion, capers, basil and garlic.
Contains: 2, 3, 12, 13, 14

Wednesday 13-12

(Hutspot met klapstuk). Mashed potato with carrot, onion, beef and gravy.
Contains: 2, 3, 4

Thursday 14-12

Meatball in tomato sauce, rice, green beans, onion and garlic.
Contains: 2, 14 (May contains: 3)

Friday 15-12

Chicken leg with potato gratin, cheese, cauliflower and corn.
Contains: 1, 3, 4, 14 (May contains: 2)

**(we always make sure that there is a replacement for beef, pork or fish and a vegetarian option)
(changes to the menu can occur)**

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Monday 18-12

*****Pasta chefs choice*****

Tuesday 19-12

Nasi with chicken, leek, onion, white cabbage, peas, bean sprouts, coriander, curcuma, cumin, ginger and garlic. Served with prawn crackers and fried onions.

Contains: 8, 12 (May contains: 14)

Wednesday 20-12

*****Chefs choice*****

Thursday 21-12 ()

Pancakes. With syrup, powdered sugar, apple or bacon.

Contains: 1, 2, 3, 4, 14

Friday 22-12

School day ends at 12:30 No lunch!

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