

Menu June Primary

=Pork =Milk =Chicken =Fish =Beef =Vegetarian

Egg = 1
Gluten = 2
Lupin = 3
Milk(lactose) = 4
Mustard = 5
Nuts = 6
Peanuts = 7

Crustaceans = 8
Celery = 9
Sesame = 10
Soya = 11
Fish = 12
Molluscs = 13
Sulphites = 14



Always inform the chef if you have a (severe) allergy

Monday 06-06 School closed for holiday

Tuesday 07-6

Pasta with pesto, broccoli, mushrooms, leek, spring onion and parmesan cheese.

Contains 2, 3, 4, 14 (May contains: 14)

Wednesday 08-06

Thursday 09-06

Baked chicken with potato, onion, bell pepper and garlic, Served with a salad of lettuce, tomato, cucumber and carrot.

Contains: 3, 14

Friday 10-06

Glazed pork belly with Chinese fried rice, green beans, egg, onion, lemon grass, garlic, ginger, spring onion, beansprouts and crispy fried onions.

Contains: 1, 3, 14 (May contains: 6, 7)

Monday 13-06

Meatball with mashed potato and broccoli.

Contains: 1, 2, 3, 4, 14

Tuesday 14-06

Ham & cheese pastry. Pastry with ham, cheese, tomato, egg and basil. Served with a chickpeas salad.

Contains: 1, 2, 3, 4, 14 (May contains: 11)

Wednesday 15-06

Thursday 16-06

Pasta puttanesca. Pasta with tomato sauce, black olives, anchovy, capers, onion and garlic.

Contains: 2, 3, 12, 14

Friday 17-06

Taco's with minced meat, onion, bell pepper, kidney beans and corn. Served with a salsa of tomato, onion and basil.

Contains: 2, 3, 4, 14 (May contains: 11)

**(we always make sure that there is a replacement for beef, pork or fish and a vegetarian option)
(changes to the menu can occur)**

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Monday 20-06

Pasta lemon and gambas with leek, lemon, rucola and garlic.

Contains: 2, 3, 8, 14

Tuesday 21-06

Quiche with zucchini, pumpkin, spinach and feta cheese.

Contains: 1, 2, 3, 4, 14

Wednesday 22-06

Thursday 23-06

Pita bread with Gyros, bell pepper, onion and garlic. Served with a Greek salad with tomato, cucumber, red onion, black olives, feta cheese and parsley.

Contains: 2, 3, 4, 14

Friday 24-06

Chicken schnitzel with mashed potato, peas and carrot.

Contains: 2, 3, 4, 14 (May contains: 1)

Monday 27-06

Fish Paella. Rice with seafruit, peas, bell pepper, parsley, lemon and green beans.

Contains: 8, 12, 13 (May contains: 3 , 14)

Tuesday 28-06

Shepherd's pie. Minced meat with mashed potato, leek, bell pepper, onion, carrot, black olives and garlic.

Contains: 1, 4, 14, (may contains: 3

Wednesday 29-06

Thursday 30-06

Pita bread with turkey meat and a Greek salad. Served with a Greek salad with tomato, cucumber, red onion, black olives, feta cheese and parsley.

Contains: 2, 3, 4, 14

Friday 01-07

Pasta carbonara with bacon, onion, garlic, parsley and parmesan cheese. Served with a salad of lettuce, tomato, carrot and cucumber.

Contains: 1, 2, 3, 4, 14

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(changes to the menu can occur)**

Menu July Primary

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Egg = 1
Gluten = 2
Lupin = 3
Milk(lactose) = 4
Mustard = 5
Nuts = 6
Peanuts = 7

Crustaceans = 8
Celery = 9
Sesame = 10
Soya = 11
Fish = 12
Molluscs = 13
Sulphites = 14



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Monday 04-07

Chicken curry with rice, red lentils, onion, bell pepper, carrot, leek, ginger, curcuma, coriander, garlic and coconut milk.
(May contains: 14)

Tuesday 05-07

Pasta salsiccia & aubergine. Pasta with sausages, eggplant, tomato sauce, bell pepper, onion, basil and garlic.
Contains: 2, 3, 14, (may contains: 5)

Wednesday 06-07

Thursday 07-07

Pancakes. With syrup, powdered sugar, apple or bacon.
Contains: 1, 2, 3, 4, 14

Friday 08-07 No school lunch, school day ends at 12:30.

